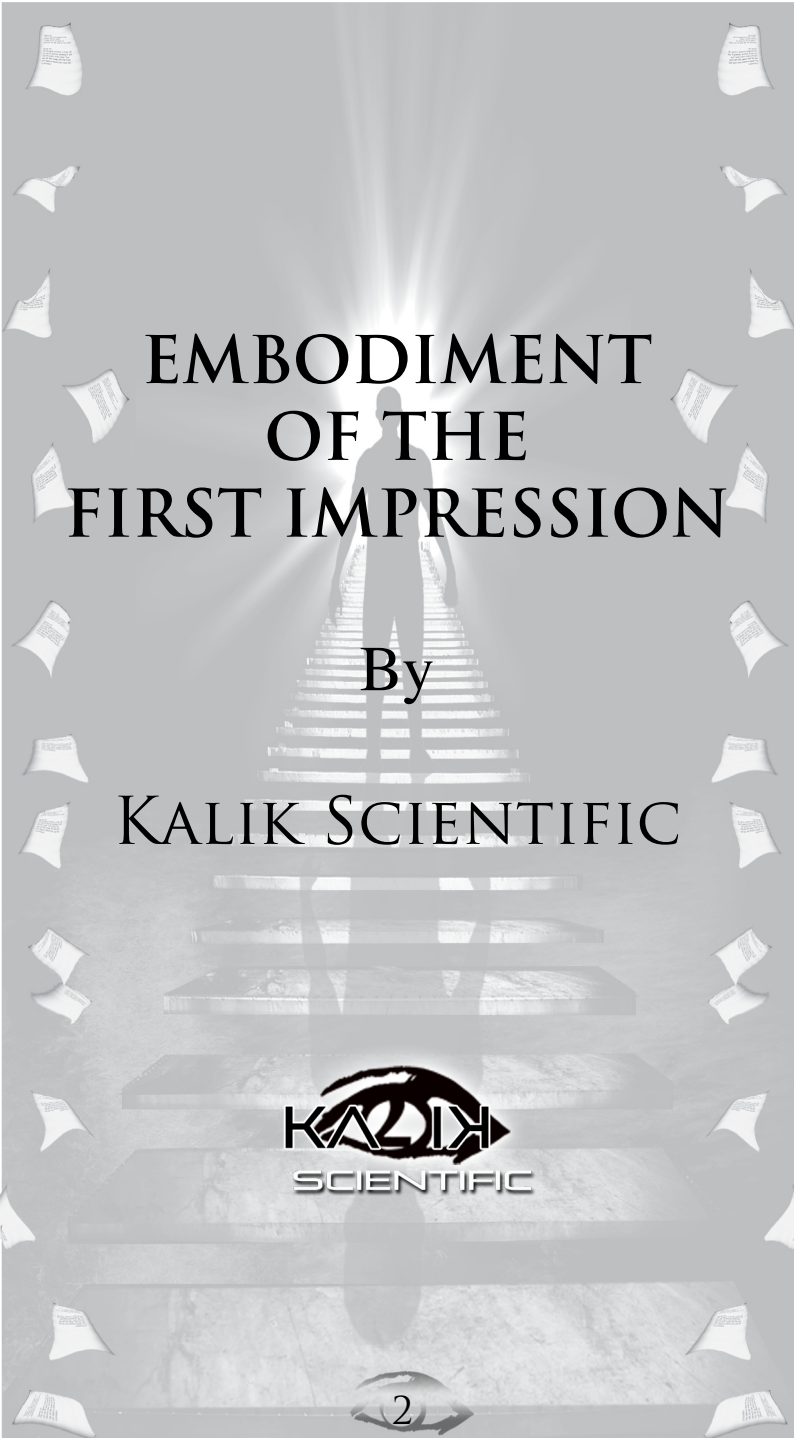


# EMBODIMENT OF THE FIRST IMPRESSION



365 original thoughts  
to enlighten and enhance your daily life

**KALIK SCIENTIFIC**



# EMBODIMENT OF THE FIRST IMPRESSION

By

KALIK SCIENTIFIC



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## INTRODUCTION

This book is more than words on paper. It is a vessel of divine thought possessed by the living energy that connect our experience. These are the daily thoughts of inspiration that lit every step of my journey. For some this will be a road map to their hidden identity and self realization. Each message formed from the pressure of failure and polished by triumph.

I never chose this path for there is no choice once you have understanding. Once you know without knowing there is no thinking. Only action. Action necessitated by our collective failure to hold on to the words of our ancestors and nurture the voice of our descendants. From the silent voices of our children to the deaf ears of our parents we must once again be reminded. Reminded of not only who we are but most importantly why we are. The one who was always the first to tell me what I needed to hear has been inside of me. One day I listened and he has always been right since. Foolish I was not to have recognized my own voice and foolish would I be not to share with you what he tells me everyday. So empty yourself of all that you think you are and allow the beauty of your reality to shine through.

## CHAPTERS

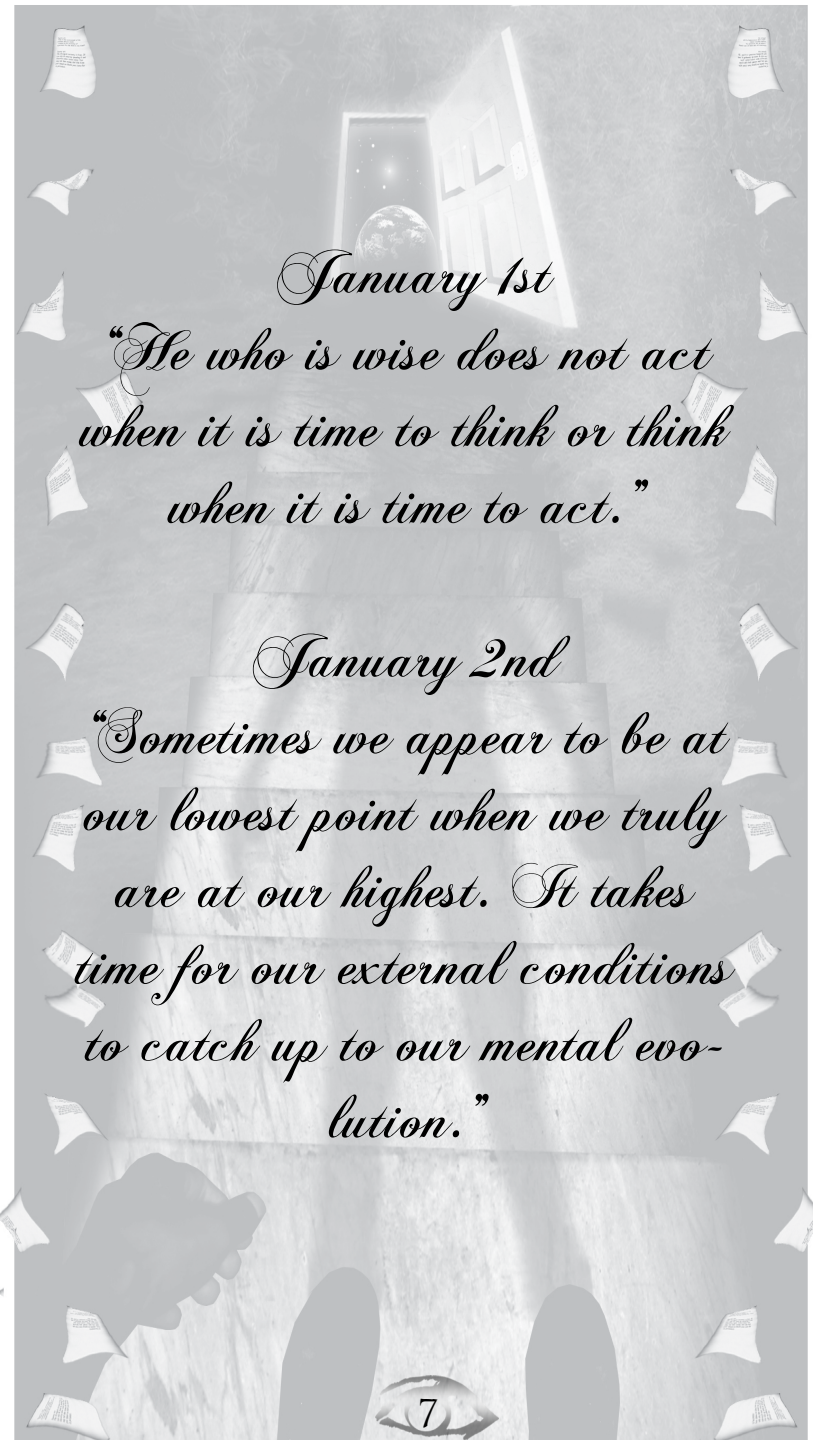
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# CHAPTER 1

## IN TIME



*“Time is the measurement of distance between events created by the minds so that it may see itself.”*

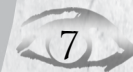


*January 1st*

*“He who is wise does not act when it is time to think or think when it is time to act.”*

*January 2nd*

*“Sometimes we appear to be at our lowest point when we truly are at our highest. It takes time for our external conditions to catch up to our mental evolution.”*





*January 3rd*

*“Do not place yesterday’s border on today’s painting. Get the picture”*

*January 4th*

*“Time is the measurement of the distance between events created by the mind to experience itself.”*



*January 5th*

*“The strongest currency is time. It can only be saved by spending it and therefore never loses value. You may not have money but the time you spend on those you care for is priceless.”*

*January 6th*

*“Today’s actions will light the fire of tomorrow’s hell or light the path to the stairway of heaven.”*



*January 7th*

*“If you want to teach anyone anything you must be able to relate to them. Your words must resonate with a past, present or future experience.”*

*January 8th*

*“Our body was cut from the same cloth that was used to sew the fabric of time.”*



*January 9th*

*“Be mindful of the speed of the manifestation of your thoughts as doing the right things too early or late may cause them to appear wrong in the present.”*

*January 10th*

*“To regret a past mistake will only blind you to the errors of your present. Instead honor the lesson by applying it today.”*



*January 11th*

*“When speaking I am communicating with my present. In thought I am having a conversation with my future.”*

*January 12th*

*“The woman is your gateway to the future. So choose the doors you walk through as carefully as who you allow to walk through them.”*



*January 13th*

*“Be today’s masterpiece and tomorrow’s rough draft.”*

*January 14th*

*“Your doubt is the devil’s key into the doorway of your future.”*



*January 15th*

*“Mans unconditional self is without error. It is the condition of the individual that needs correction. When someone speaks of your mistakes it is not you but your condition to whom they speak. The unconditional self is timeless as time effects the conditional. The ego is the state where the unconditional meets the conditional self and cannot accept the terms of its condition.”*



*January 16th*

*“The devils most diabolical plan will ultimately work in Gods favor as it always has and always will.”*

*January 17th*

*“To those who know, remember at one time you knew not and to those who know not, remember that at one time you did know.”*





*January 18th*

*“The present state is the mirror, the past is your reflection and mentally you are your future. As one can not see themselves as they are, yet we see clearly as we were. This is why we reflect on what is gone, live what is here and plan for what is to come.”*



*January 19th*

*“It is most unwise to do the right thing at the wrong time and expect a positive result.*

*Patience provides us the strength to carry the wait of our decisions.”*



*January 20th*

*“Each day is a page in your book of life that is written in advance. Your plans are a rough draft and the ink will be invisible until tomorrow. Knowledge is the author wisdom is the editor and understanding is the illustrator.”*



*January 21st*

*“Appreciate what you have while you still have it. While remembering what is gone and looking forward to what is to come.”*

*January 22nd*

*“Do not be overwhelmed by the problems of today for they will be the accomplishments of tomorrow.”*



*January 23rd*

*“Focus on solving the problems  
you have before you burden  
yourself with problems that may  
never arrive.”*

*January 24th*

*“Today’s trickery is tomorrows  
history.”*



*January 25th*

*“Those who can see tomor-  
row are the most needed today.  
Unfortunately most today wont  
listen to those who see tomorrow  
and ignore those who remember  
yesterday.”*



*January 26th*

*“Compare yourself not by the achievements and failures of others for the only true measuring stick of ones growth and success is the former self. Remain better than yesterday and worse than tomorrow.”*

*January 27th*

*“Be yesterday’s student and tomorrow’s teacher.”*



*January 28th*

*“The wrong thing never happens. It only appears to. Therefore all occurs in the right time it only appears not to.”*

*January 29th*

*“If you are not excited about your future you are only sitting on the sidelines of your life. Time to get in the game.”*

*January 30th*

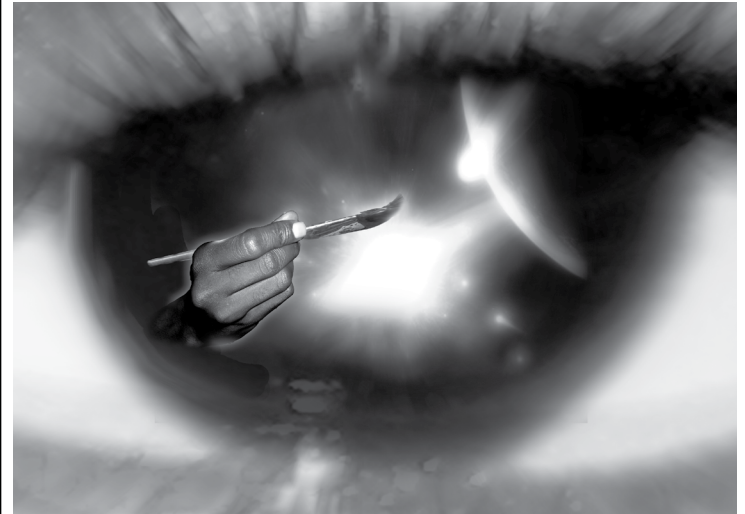
*“Telling someone what they need to hear when they don't need to hear it will cause your words to go unheard.”*

*January 31st*

*“When you name anything all you are doing is labeling the period of time that it is in that form.”*

## CHAPTER 2

### THE MINDS I



*“What we know as physical reality is only the creator's imagination. Often in sleep we are awake and when awake we are asleep.”*



*February 1st*

*“If you are intelligent then war has been declared upon you. If you are not intelligent then you are mentally dead and have already become a casualty of war.”*

*February 2nd*

*“Your mind may become so blinded by what you believe that you couldn't possibly recognize what you know.”*



*February 3rd*

*“What we know as physical reality is only the creators imagination. Often In sleep we are awake and when awake we are asleep.”*



*February 4th*

*“What is natural is complete  
and can not be improved.  
Anything done to make it bet-  
ter can only make it worse be-  
cause you didn’t understand it  
was perfect as it was created.*

*It is no different with us so  
remove the layers of altered per-  
ception and discover the hidden  
master-peace that is you.”*



*February 5th*

*“I was trying to make-up my  
mind and decided that a beau-  
tiful mind needs no make up  
to decorate it’s thoughts. So  
I tried to “make up” my mind  
but it already existed and a  
made up mind doesn’t have  
real thoughts. So I became  
the most high and made up my  
mind and made low my body  
and I haven’t come back  
down since.”*



February 6th

*“As well dressed as I am  
you must know this body is not  
me. I’m just wearing it for this  
life. Wait till you see my next  
outfit.”*



February 7th

*“Once one becomes mentally  
strong enough they are capable  
of attracting that which they  
are focused on. If you fail  
to see the big picture then all  
outside of your current view  
will be out of focus. You can  
never attract what you think is  
not possible.”*





*February 8th*

*"I am paying intuition to learn from the teacher in my inner school of thought. I suggest you do the same."*



*February 9th*

*"The book is dead without the soul of its author. Every page is a tomb in the graveyard of thought without the spirit of its meaning. The living word is with God and is brought to light once spoken. Many enter and never see their way out of an open book written by a closed mind."*



*February 10th*

*“The blind man asked the wise man “why are you so deep all the time?” He responded. “I am supposed to be, why are you so shallow all the time?” Then walked away leaving the blind man “Deep” in thought.”*

*February 11th*

*“Those who use their minds will always control those who use their hands.”*



*February 12th*

*“When you are on my mind and I am on your mind are we not communicating? Pick up your intelliphone and give me a call. I’m just a thought away.”*

*February 13th*

*“All change is invisible to the physical eye as it occurs in the mind. Physical change only reflects our change of mind.”*



*February 14th*

*“Thinking is the process of  
digesting food for thought.  
Check the menu and see what’s  
on your mind.”*

*February 15th*

*“Your recognition of how  
beautiful my mind is bears tes-  
timony to the beauty of yours.  
We must look good and think  
better.”*



*February 16th*

*“Man ventured out beyond the  
borders of his own intelligence  
and found nothing.”*

*February 17th*

*“Judge by substance not by  
circumstance as it is condition-  
al. Our current conditions are  
only the clothing of our state of  
mind. How we are is the out-  
fit of who we are and life is a  
wardrobe of experience.”*

*February 18th*

*“Do not think too hard if you want the answers to come easy.”*

*February 19th*

*“Evil nor good can be fought with muscle or weapon with any true expectation of victory. As behavior is a symptom of idea the more reasonable battlefield is within ones mind where the idea is developed.”*

*February 20th*

*“Nothing is unseen. Some things may go unnoticed but never unseen.”*

*February 21st*

*“You should take a regular inventory of your mind. You may find ideas that you forgot you had and others that don't belong in your thoughts. Be careful as life situations, emotions and desires will activate these ideas into actions.”*



*February 22nd*

*“Man being out of his mind is like a kingdom being ruled by a throne with no one sitting in it.”*

*February 23rd*

*“You are what you know. All information is food for your mind to shape reality. This information puts everything In formation. Be careful what you feed your mind.”*



*February 24th*

*“That which is unknown is a personal condition. All things are universally known and therefore nothing is truly unknown as supreme knowledge is impersonal.”*

*February 25th*

*“It's not where you're from or where you're at, it's where your mind is.”*



*February 26th*

*“Once you determine and focus only on your vision of your future then everyone else’s vision for you will cease to exist and only yours will remain as you shape your own reality. What will your tomorrow bring? Your mind is a blank canvas and you are the artist.”*



*February 27th*

*“The public eye is blind so you are better of seeing things for yourself.”*

*February 28th*

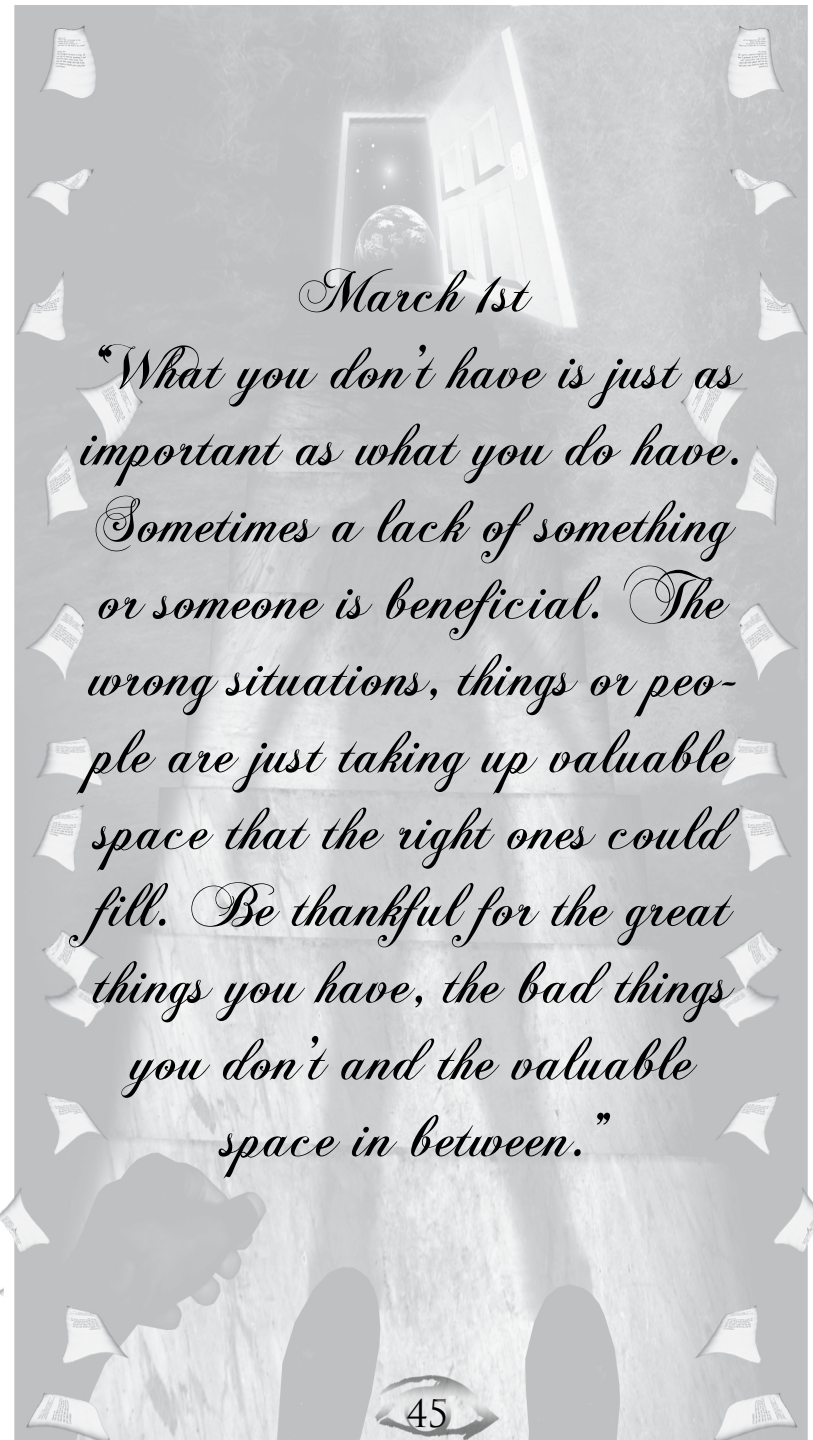
*“Put some knowledge of self in your pipe and smoke it and I guarantee you will be the most high.”*

## CHAPTER 3

### EQUILIBRIUM



*“Your partner is like a mirror making it easier for you to recognize that which you don’t readily identify in yourself.”*



*March 1st*

*“What you don’t have is just as important as what you do have. Sometimes a lack of something or someone is beneficial. The wrong situations, things or people are just taking up valuable space that the right ones could fill. Be thankful for the great things you have, the bad things you don’t and the valuable space in between.”*



*March 2nd*

*“You can often tell someone’s level of thought by the partners they choose and the condition of their relationships. If it is falling apart it may indicate that one side is outgrowing the other.*

*If it is healthy there is a balanced system.”*



*March 3rd*

*“If you are more concerned with keeping friends than being honest and genuine to avoid conflict you will always be surrounded by many people but few of them will be friends.”*





*March 4th*

*“When someone in your life stops telling you what you need to work on it is a sign that they have stopped caring. Therefore take all criticism as motivation to improve and be thankful you have an alarm that goes off when something is out of order.*

*Fix it and prepare for the next hurdle and each time you will jump higher.”*



*March 5th*

*“Always evaluate the mental and emotional condition of the person you are dealing with before you react to them. It would be wise to choose the appropriate response or lack thereof according to your assessment of the current state and not the person you may be used to.”*



March 6th

*“Truth only hurts if you were introduced to the lie 1st, befriended it and now have to decide if you are willing to lose that relationship you valued so much.”*



March 7th

*“When we are closer with those who tell us what we want to hear than those who tell us what we need to hear we become further away from ourselves. In our close proximity to our wants over our needs the gap between who we are and who we think we are continues to widen.”*

*March 8th*

*"In business we are taught to separate and remove all emotion. Truthfully this is how we lost our ethics and moral judgment. This is how we severed the human connection to each other. If we were real people then business wouldn't exist as it is a disease to the natural world. Don't be offended though since it's only business and I am just doing my job."*

*March 9th*

*"All relationships in life must be balanced. From your mind and body, to you and your environment. When one side takes too much you are dealing with a parasite. This inequality is called disease and will eventually lead to death. Sound like any relationships in your life? If you are unable to find balance you must let them go if you value your living energy."*



*March 10th*

*“Common sense is no longer common. Common means shared and sense is awareness. The shared awareness is the collective energy between us all. It is the essential bond that connects us with each other and our universe. It is how we feel each other without any physical interaction. Can you feel me?”*



*March 11th*

*“If you want a woman only for her body don't be surprised when she pays you no mind.”*

*March 12th*

*“We not only build relationships with people but with ideas. Those who are loyal to the struggle will never leave it. I am married to the truth till death do us part and as one we will never perish.”*



*March 13th*

*“All relationships are unique and special. The bond that you have with the people in your life can not be duplicated. Once a bond is broken you will never develop the same exact bond with anyone else. This gives every relationship you will ever have its own special value.”*



*March 14th*

*“Relationships are like cars. They require regular maintenance and will fall apart if you fail to take care of them. Their purpose is to carry you along the journey of life through bumpy roads and smooth paths to your final destination. They are not built to last forever so value them.”*

*March 15th*

*“Every living entity has an innate ability of great proficiency. We know without knowing what that ability is and its beneficial purpose to the greater whole. Only people argue over who has greater purpose and attempt to play roles unnaturally bestowed upon us. If one fails to do its inherent job all suffer and this makes them essentially of equal value.”*

*March 16th*

*“As long as you only see your problems and not ours nothing will ever be solved.”*

*March 17th*

*“A woman with no man is like a question with no answer as a man with no woman is an answer without question. Let us balance the equation.”*



*March 18th*

*“Often we seek and focus on what makes us different. It has been said seek and you shall find. One must seek instead the supreme energy that binds us all for it is in this connection that we will surely find all that we have lost including ourselves.”*



*March 19th*

*“One’s dissatisfaction with his external surroundings is a reflection of inner dissatisfaction for regardless of what is external inner beauty will always identify itself.”*



*March 20th*

*“Remember that agreement on all things is not a requirement of true friendship. In fact those who care about you most will be honest and the weak will be afraid to tell you. Be respectful and honest with your friends when you don’t agree with them and be open-minded and receptive when they don’t agree with you.”*



*March 21st*

*“Strengthen weak bonds, remove broken ones and add new ones. Relationships with the people in your life are only as strong as the bonds that connect them.”*



*March 22nd*

*“Every man should have a good woman. She is like a mirror. Without her it is hard to see yourself at times. She will show you when you’re right or wrong. She will compliment you when you look good and motivate you to improve your appearance when you look bad. Take a look in the mirror and listen to what she tells you.”*

*March 23rd*

*“Often in life you will find friends where you thought you had enemies and enemies where you thought you had friends.”*

*March 24th*

*“Your allegiance should lie with no individual; only the truth manifested through them. Those who truly love you will stand by you when you are right and let you know when you are wrong.”*



March 25th

*"If you are unable to raise the quality of the mentality of those around you it would be wise to find a new circle before they pull you down to their level."*

March 26th

*"Be careful not to confuse what people are with what you want them to be. They may fall short of expectations that they didn't know you had."*



March 27th

*"Watch how people treat others for there is a strong chance they may treat you that way. Those who we consider closest to us will often sell us out if the price is high enough."*

*"You will never see who is trustworthy when everything is going smooth. When the road gets bumpy you will see who is Truly Reliable Under Stressful Times."*



*March 28th*

*“Until man gets back in his right mind his woman will be out of hers.”*

*March 29th*

*“Freedom is not independence. It is the realization that we are all dependent upon the limitless growth and advancement of each other.”*



*March 30th*

*“Equality does not mean everyone gets the same amount it means everyone gets the amount they need.”*

*March 31st*

*"We never lose that which has no value to us. It is not the object or the person we held on to but our fear of being without it."*

## CHAPTER 4 REVOLUTION



*"When you speak to someone behind the cage they will never take you serious when you tell them how to be free until they see you jump over the fence."*



*April 1st*

*“Silence does not always mean agreement. In fact it often suggests the opposite. As the internal dialogue is the true battlefield where false ideas that we fight for are slain by the sword of living truth.”*



*April 2nd*

*“If you permanently accept the conditions of your current limitations how can you ever grow? The difference between your world and your prison is the acceptance of its boundary and your awareness of what is beyond it.”*



*April 3rd*

*“Truth is like sunlight so for those who can't handle it you better get prepared or hide underground for the dawn of supreme civilization is rapidly approaching whether you like it or not.”*



*April 4th*

*He who fails to see beyond the face of evil is likely to walk out of the devils right hand and into his left. You must know that those who provide the problem always prepare the illusion of a solution.*



*April 5th*

*“Someone who watches TV, listen to radio and complains about the low level of intelligent programming or sends their child to school and complains about the poor education they get is the same as someone drinking from a faucet that has brown water and complains about how bad it tastes. Intelligence is not waiting for the water to turn clear it is changing the source of your water.”*



*April 6th*

*“Hell is our experience reflecting the fear of expanding our awareness.”*

*April 7th*

*“Oppression is like quicksand. The more you fight against it the more it pulls you down. Instead focus on being at peace with yourself and you will rise to the top.”*



*April 8th*

*“No one can free you from your burdens. It is your awareness and self judgement that cause you to imprison yourself in the miserable condition that we call hell. Only growth and forgiveness of ones own actions provide the key to salvation.”*



*April 9th*

*“Truth will always be one step ahead of falsehood. It can see the future because it determines it. Falsehood must rely on the truth being here for it to seem to exist temporarily. This is why thought always precedes matter and action. So if it doesn't matter you wont need to take action.”*





*April 10th*

*“A man can not think above  
the level of his preconceived  
limitation.”*

*April 11th*

*“Knowledge is the only effec-  
tive weapon in the war on ig-  
norance. So keep no bullets on  
reserve as the source of ammo is  
unlimited.”*



*April 12th*

*“Freedom is not something  
you ask for, beg for, march  
for, sing for or even fight for.  
It requires no permission slip  
or fancy form with a special  
signature. There is no fee, no  
waiting list, no contract or  
expiration date. It can not  
be given or withheld for It is  
already yours once you accept  
it.”*



*April 13th*

*“The words of those who hold the key to your salvation fall on deaf ears and the words of those who lead you into destruction are considered law and are followed without question. It may soon be too late when you realize your god is the devil and your devil is truly god.”*



*April 14th*

*“As long as your enemy picks your leaders, your enemy will no longer be your enemy and you will no longer be yourself.”*

*April 15th*

*“Music was a plane created to carry the minds of the oppressed and mentally dead back home until it was hijacked by the oppressor and transformed into a missile aimed at its creators.”*



*April 16th*

*"When you speak to someone behind the cage they will never take you serious when you tell them how to be free until they see you jump over the fence."*

*April 17th*

*"If all you think, speak and do is based on the artificial world that was created to contain you then you are not truly living."*



*April 18th*

*"To heal the universal system of the virus known as devil all you have to do is be one under the proper laws of the universe."*

*Just reverse the conditions that brought him into existence."*

*He was created by separation and he will be destroyed by unification."*



*April 19th*

*“In order to be who you are  
you must gather up the strength  
and courage necessary to let  
go of who you think you are.  
You must allow yourself to  
die in the matrix so that you  
may live in reality.”*



*April 20th*

*“We are in a sad condition  
when people are happy just to  
have jobs. A job is a distraction  
from purpose. An un-  
necessary obstacle to natural  
resources. A waste of time  
and energy when the majority  
of us are doing things that have  
little benefit to our individual  
advancement and collective  
growth.”*



*April 21st*

*“Be nothing that they want you to be and everything that you’re supposed to be”*

*April 22nd*

*“In a world of unrighteous leadership the intelligent reaction is to do the exact opposite of what you are told by those you perceive to be in authority until you recognize the true authority and do what comes natural to you.”*



*April 23rd*

*“The righteous have no need to fight the wicked as the truth has no need to battle the lie. It only has to be and the lie will destroy itself. Man became God and the devil committed suicide.”*



*April 24th*

*“Bring truth to a gunfight  
against all of the armies of  
darkness. They will run out  
of bullets before you run out of  
words. A bullet can be used  
once but the message will live  
on even in death and penetrate  
the minds and hearts of their  
soldiers that haven’t been born  
yet.”*



*April 25th*

*“What good is a fighter with no  
cause or a cause with no one  
willing to fight for it?”*

*April 26th*

*“The only way to truly defeat  
the enemies of universal truth  
is not to fight against flesh but  
by destroying the purpose of  
their existence in your elevation  
above the thought that created  
them.”*



*April 27th*

*"It's the revolution you don't see that is changing our world."*

*April 28th*

*"If you don't change the world, then the world will change you."*



*April 29th*

*"All battles begin and end in your mind. If you decide you can't win then you lost before the battle began."*

*April 30th*

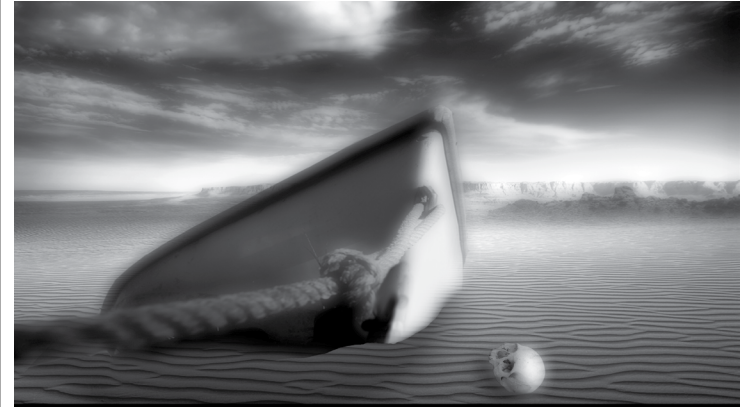
*"You can't lose the war with a timeless line of generals who preceded (pre-seeded) you inside of your mind who all answer to the one source that you are in tune with."*

*April 31*

*“Countless wars have been fought by men who never truly understood the true nature of the initial conflict and who gained from their death.”*

## CHAPTER 5

### ENLIGHTENMENT



*“Giving freedom of speech to those without their own voice is like giving someone a boat in the desert. It will get you nowhere fast.”*





*May 1st*

*“The teacher is only a physical reflection of your intuition.*

*It is the personification of your inner voice created by the lack of confidence in ones inner vision. Therefore I am only as real as you need me to be.”*



*May 2nd*

*“Says teach as you would buy clothing for a growing child. What you give them should be a step ahead of their current state. Your wisdom may not fit today but trust that they will grow into it.”*



*May 3rd*

*“In a backwards world the more unpopular your stance is the more likely it is to be true.”*

*May 4th*

*“Our world has many schools and few teachers. School teaches you how to be like everyone else. Life teaches you how to be yourself.”*



*May 5th*

*“When truth approaches someone who is unfamiliar he is rarely accepted and embraced with warm smiles and open arms.”*

*May 6th*

*“To be immune to hostility when performing mental exorcism one must walk in the now and think in the beyond for what they hate you for now they will love you for later.”*



*May 7th*

*“A man without knowledge is  
a builder without bricks.”*

*May 8th*

*“The great jewels of humani-  
ties greatest teachers are like  
diamonds formed in the dark  
caves of mans ignorance and  
shaped by the pressure of trial  
and experience.”*



*May 9th*

*“Waking someone who is men-  
tally sleep is the same as wak-  
ing someone who is physically  
sleep. The more comfortable  
they are the more upset they  
may be with you for waking  
them up but once they realize  
the house was burning down  
and you saved them from burn-  
ing in the flames they will  
thank you.”*



*May 10th*

*“Neither your agreement or mine is a prerequisite of truth. In fact the truth I speak was truth before my acknowledgment of it. Many will disagree and some will dislike you for it but if you have the truth let it be known even if you only reach 1 mind. It is worth your effort.”*



*May 11th*

*“Enroll in the school of life and be in a class all by yourself.”*

*May 12th*

*“Says if a child is wise they will listen to their elders. If their elders are wise they will listen to the children.”*



*May 13th*

*“It is difficult to teach someone about reality when everything they have been told in their life is a fairy tale.”*

*May 14th*

*“If you don't know it don't teach it. Because when they find out (and they will) you may lose them forever.”*



*May 15th*

*“Giving freedom of speech to those without their own voice is like giving someone a boat in the desert. It will get you nowhere fast.”*

*May 16th*

*“In order to teach successfully one must use wisdom on the level of their audience to express understanding a step above their current comprehension.”*



*May 17th*

*“After studying many books  
the student who is truly enlight-  
ened will find the greatest book  
is inside of himself and read his  
own mind.”*

*May 18th*

*“The wisest teacher does not  
argue. Once the truth is spoken  
he can debate effortlessly as  
the innate voice in the students  
mind.”*



*May 19th*

*“In your growth and elevation  
above the world of ignorance  
and illusion you will lose impor-  
tant people in your life that are  
not able to travel with you on  
your journey towards enlighten-  
ment. You will however gain  
the most important person you  
could have which is your true  
self.”*



*May 20th*

*“The teacher who stops learning  
stops teaching.”*

*May 21st*

*“Truth is revolutionary. If no  
one disagrees with you then you  
haven't taught anyone anything.”*



*May 22nd*

*“It is now open enrollment in a  
higher school of thought. Keep  
your money for all you have to  
pay is attention.”*



*May 23rd*

*“To correct a person who is convinced in error takes the precision of a surgeon and the patience of a farmer. You must wait for the right time to operate and carefully remove falsehood and delicately insert reality without damaging the ego by elevating the esteem.”*



*May 24th*

*“People fear what they don’t know and understand, so a wise teacher knows he cannot remove the fear, for it will remove itself as one gains more knowledge and understanding. Fear of the wicked is a disease and the healthier the mind and body the more uninhabitable it becomes for fear.”*





*May 25th*

*“Learning never stops. The universe is our school without walls. This is why we call it a university. When you open your mouth you become the teacher.*

*When you open your ears you become the student.”*



*May 26th*

*“It is better to show and prove what’s right than waste time trying to prove others wrong.”*

*May 27th*

*“Sometimes the best method of teaching is by not telling people what to think but asking them until they empty their minds of all belief and find the truth buried beneath is already there.”*



*May 28th*

*“What you know does not make you better than those who don’t.*

*In fact it makes you worse if you do nothing to teach them or to apply it.”*

*May 29th*

*“Never remove someone’s crutch if you are not willing to help them learn to walk without it.”*



*May 30th*

*“The difference between those who teach for your growth and those who teach for the fulfillment of their own ego will always become evident by their reaction when and if the student surpasses the teacher.”*

*May 31st*

*“There is only one kind of stupid question and that is one you already know the answer to. Never be afraid to ask anyone something that you want to know and never feel beneath someone because you don't know something they do. In fact they lower their status by not being willing to teach you when you are ready to learn.”*

## CHAPTER 6

# COMMUNICATION



*“When your wisdom falls on deaf ears you may be singing the right song to the wrong audience.”*



*June 1st*

*“You are not what you think  
you are in the eyes of others.  
You are only what you are  
able to express effectively.”*

*June 2nd*

*“There is no greater teacher  
than experience and whether  
you do what’s right or what’s  
wrong you will learn as well  
as educate others with every  
step”*



*June 3rd*

*“Approach all people with an  
open mind for you are unaware  
of the adversities they have over-  
come to be the way they are  
now. How you deal with them  
may help them grow to overcome  
the tribulations they have yet to  
face.”*



*June 4th*

*“Speaking when you have nothing important to say is like force feeding people food with no nutritional value. The word has no life without meaning. So if you are talking about nothing you should close your mouth so we don’t have to close our ears.”*



*June 5th*

*“Good conversation is sex for your mind. So close your legs while I get between your ears until you come to the understanding.”*

*June 6th*

*“Most communication is non-verbal so pay close attention to what is being said but not spoken.”*



*June 7th*

*“Sometimes a question is best answered in silence.”*

*June 8th*

*“Lose your emotional attachment to words. The word is but a piece of audible clothing that can be picked up and worn by someone else taking on a whole new meaning.”*



*June 9th*

*“When you begin to shine you must learn to control the direction, timing and intensity of your rays. If you fail to learn the balance of your power you are sure to give sight to some and blind others.”*

*June 10th*

*“Actions speak louder than words. With every move you make think first about what you are saying, for your actions speak your mind. A picture is worth a thousand words and your actions are the motion picture of life.”*

*June 11th*

*“Take nothing on face value. The word is the face. The definition and intent is the value. Be not quick to discard the word until you know what it is worth.”*

*June 12th*

*“One should find irony in those who say talking to yourself is a sign of insanity and yet they pray. Truthfully it is a sign of a healthy mind.”*



*June 13th*

*“All language has 1 origin as do all people. Unite the language and the people will follow as communication is the bridge between our minds.”*

*June 14th*

*“One should always know the audience they are speaking to. So in claiming my universal inheritance my inner dialogue speaks to us all.”*



*June 15th*

*“To argue is to blindly focus only on forcing your opinion on another. To debate is a respectful meeting of different ideas competing for the same space. When the external conversation ends. The internal one continues until the most qualified thought solidifies itself as knowledge and claims its rightful place in the throne of ones mind.”*





*June 16th*

*“If you are not the voice of reason then there is no reason to share your voice.”*

*June 17th*

*“To maximize the message a good speaker must study all people in silent observation to assess their current state so that he may shape his wisdom to personally fit the mental dimensions of his audience.”*



*June 18th*

*“If you have nothing of importance to say then you will eventually discover that there is no one listening. When you do have something important to say then you will soon find that no one else is talking.”*



*June 19th*

*“To optimize learning one must master debating an idea without debating the person expressing it.”*

*June 20th*

*“Communication is the key to understanding. If someone is not listening to you then maybe you haven't learned to speak their language.”*



*June 21st*

*“Learn to differentiate between what someone is saying and what you think someone is saying. Remove all preconceived ideas before you listen.*

*You will never be able to hear what someone says over your own voice in your head.”*



*June 22nd*

*“To make your point you must speak less and say more. Truth is simple. Its not how much words you say. Its about how much you say with your words.”*

*June 23rd*

*“Words are clothes for your thoughts so you should always dress to impress.”*



*June 24th*

*“Just as the space between notes in music enhance the beauty of the melody, what you don't say will surely increase the value what you do.”*

*June 25th*

*“Beware of those who stress to you what their intentions are not. They may be revealing to you exactly what their intentions are.”*



*June 26th*

*“Listen closely when someone is speaking for their intention. Often this is the missing link to understanding. This is the foundation and premise under which all statements are made. Once determined the intention can clear up all confusion and misunderstanding.”*



*June 27th*

*“The presentation of your words should be as carefully chosen as the body your life force is placed in. Your ideas are the children of the great mind that should be expressed as eloquently as possible and acted upon with the highest integrity.”*



*June 28th*

*"It is not who speaks first,  
last or longest that matters. It  
is whose words have the most  
impact."*

*June 29th*

*"If you are too afraid to say  
it then you probably should be-  
cause it's most likely the truth."*



*June 30th*

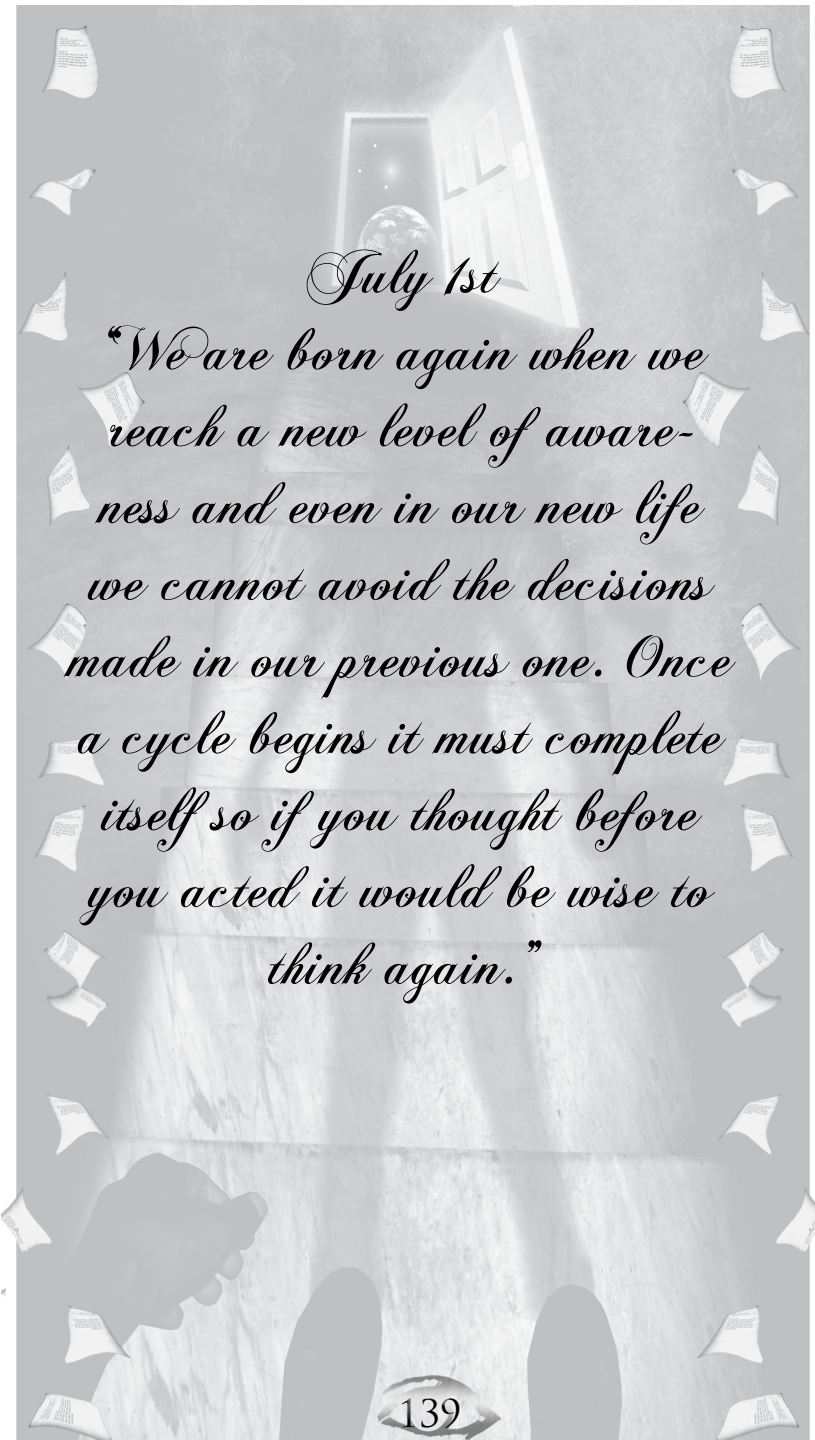
*"If your words have only  
reached those who already see  
from your perspective then you  
haven't really said anything  
yet."*

## CHAPTER 7

### DECISION



*“The light need not battle with the dark. It only needs to shine.”*



*July 1st*

*“We are born again when we reach a new level of awareness and even in our new life we cannot avoid the decisions made in our previous one. Once a cycle begins it must complete itself so if you thought before you acted it would be wise to think again.”*



*July 2nd*

*“Says only you decide what you can and can't do. The limitation of others does not apply to you unless you let it. Your achievements will only attract attention to their failures and that is why they tell you that you can't. So can you?”*



*July 3rd*

*“Those who want you to trust them when you normally wouldn't create problems that appear to be a mutual threat and then remove them after you are mentally crippled by fear and cry out for the solution. They will be your hero and villain if you allow them.”*



*July 4th*

*“There is no individual solution to our collective problem since we are the collective solution to our individual problems.*

*There are two types of people in the world today. The problems and the answers. Which one are you?”*



*July 5th*

*“In school a series of lessons is called a course. A course is a path one travels towards a destination. We are led by the information we are given and the understanding we seek to confirm it. Who laid the course of your life and where are you headed?”*





*July 6th*

*“We are all the medium of the two intentions. The selfish and the selfless. The selfish takes mercilessly while the selfless give freely. There is always an intent behind all motion so what’s yours?”*



*July 7th*

*“Adapt not to your environment as it may alter your purpose. Instead hold fast and let your environment adapt to you. Do you alter your body to fit in the suit or do you alter the suit to fit your body?”*



*July 8th*

*“In a world of popular lies the truth is often an unpopular idea. As unpopular as it is most people can still recognize truth but it holds more weight and most are not strong enough to carry it. Are you?”*



*July 9th*

*“Much of our pain and lack of progress often lies in unrealistic expectation. Once you see the true nature of something you should shape your expectations accordingly. Are you still waiting for the devil to open the door to heaven or are you going to remember that its your home and pull out your key?”*



*July 10th*

*“Legal does not mean right  
and illegal does not mean  
wrong. When government law  
collides with universal law  
where will you stand?”*

*July 11th*

*“Seek not the company of those  
who validate your error. For  
those who seem to be friends  
are sometimes the gatekeepers of  
your evolution.”*



*July 12th*

*“We will always be betrayed  
by someone whom we trust but  
if we fail to trust then we lose  
the loyalty of all who are trust-  
worthy”*

*July 13th*

*“The light need not battle with  
the dark. It only needs to  
shine. Do you see the light?”*



*July 14th*

*“If you are looking for what makes us different you will find it. If you look for what makes us the same you will find it. Once you are found you will no longer look for anything. Instead you will be sought after.”*



*July 15th*

*“Going to a politician expecting change is like going to a doctor to cure you of a disease, or going to religion to find God. Would you search the dessert looking for ice?”*

A person is walking up a long, brightly lit staircase. At the top of the stairs, a globe is visible, and light rays emanate from it. The scene is surrounded by floating papers.

*July 16th*

*“Some say negativity travels faster and influences people easier than positive. This may be true but what good is the high speed of your travel if you are moving in the wrong direction?”*

A hand is holding a glowing orb in a dark space. In the background, a doorway is visible, and light rays emanate from it. The scene is surrounded by floating papers.

*July 17th*

*“I asked my higher self what did I do to deserve this great power that flows through me. I was told it is not what you did but what you are going to do. What will you do with the power given to you?”*



*July 18th*

*“Often when we debate that which we intuitively know to be reality it is because we have fallen in love with an illusion that is too painful to let go.”*

*July 19th*

*“It is the need of the student to learn that created the teacher. It is the need of the master to teach that created the student. So who came 1st?”*



*July 20th*

*“There are 3 types of people in the world. Those who want you to know. Those who don't want you to know and those who don't know. Which 1 are you?”*

*July 21st*

*“Turn off the media and turn on your intuition. You are what you watch. Does that change your channel?”*



*July 22nd*

*“You condition your hunger by what you eat and how often you eat it. Mentally or physically. Good or bad. What are you craving?”*

*July 23rd*

*“I am willing to accept you as you are if you are willing to accept how great you can be.”*



*July 24th*

*“To speak, act or do anything without knowledge is impossible. Therefore there is a mind behind all motion. If you are acting without knowledge of who you are then who is operating your body if not you. When you know self you will know who the operator is of all who are called. The question is will you answer?”*



*July 25th*

*“Your spirit is the breath of life. At birth we are inspired (breathe in) to aspire until we expire (breathe out). How long can you hold your breath?”*



*July 26th*

*“Be not frustrated when things fail to happen when you want them to. Trust they will always happen when they are supposed to. Your dissatisfaction is the result of not being aligned with the eternal and internal clock. The external time will always control you if you allow it. Do you know what time it is?”*





*July 27th*

*“Those who live in fear will always be in opposition to the truth. Are you afraid?”*

*July 28th*

*“Turn your TV off and watch your life. The show never ends and there are never any commercials. Are you tuned in?”*



*July 29th*

*“Some ignore problems, some complain about problems and others fix them. Ask yourself which one are you?”*

*July 30th*

*“If you don't have a job that you would do for free then you don't have the right job. Have you learned the Joy Of Business”*

*July 31st*

*"If you do not want what you  
have been attracting then you  
have yet to realize that you do  
not want it."*

## CHAPTER 8

### POWER



*"As long as you are convinced  
you are powerless you will be.  
Once you know yourself you  
will realize you are powerful  
beyond measure."*



*August 1st*

*“Those who are too weak to do what is right will tell you that it is wrong out of their fear of you realizing how weak they truly are.”*



*August 2nd*

*“The strength of a movement lies not in the quantity but rather the quality of its members. True power comes not with size but the purity and potency of a concentrated effort.”*

*August 3rd*

*“Did God make man in his image or did man make God in his? If you look closely you will find yourself where these two concepts intercept.”*



*August 4th*

*“Your thoughts give power to whatever you focus on. Focus not on the negative plans of your enemy. Focus on the positive plans of yourself.”*

*August 5th*

*“Sometimes people keep knowledge from you not out of a desire to control you but from the fear that with that knowledge you will potentially control them.”*



*August 6th*

*“As long as you think you are powerless you will be. Once you know yourself you will realize that you are powerful beyond measure.”*



*August 7th*

*“Tradition, custom, and ritual without meaning is nothing more than a bad habit. A culture without understanding is a plane without a pilot and if you are not piloting your life someone else already is.”*

*August 8th*

*“The slave is the creator and employer of his own master.”*



*August 9th*

*“Religion is a sold out concert and God is the headliner. Religious leaders are promoters who use God's name to sell tickets. The devil is on stage pretending to be God while God is outside unable to prove his own identity yet the show still goes on.”*



*August 10th*

*“If a woman goes to court and respects the judge, gets stopped by police and respects the officer, goes to work and respects her manager and comes home and disrespects her man then her mind is under the wrong authority.”*



*August 11th*

*“The moon should not feel inferior to the sun because it does not shine as bright. Their light truly is one and benefits the same system. Inferiority can only exist when one falls short of its capability to do its own job.”*



*August 12th*

*“A man asked the devil where to find God and he pointed at a church. A man asked God where to find the devil and he pointed at a church. You figure it out.”*



*August 13th*

*“Once one reaches self responsibility they become accountable for those who have not. Those who know are responsible for those who know not. Those who have too much are responsible for those who do not have enough. The amount of power you have increases the level of responsibility. The more responsible you are with your power the more powerful you will become.”*



*August 14th*

*“As long as a man is looking for someone else to lead him he will never find himself and his woman will never follow his lead.”*

*August 15th*

*“An invisible God will never solve your visible problems. Seek the divine in yourself and all that surrounds you.”*



*August 16th*

*“Having the power to attract is a blessing to those who are in control of their thoughts and a curse to those who are not. Be careful not to attract more than you can control. Within the distance of your will and the objects of your desires lies the unexpected.”*





*August 17th*

*“When you know you are right you should never be offended by the negative statements of those seeking to prove you wrong. They will seek to assassinate your character and inoove your emotion. Be not moved for your firm stance alone shakes the fragile foundation they stand upon. They may not even think you are wrong, rather most often they fear that you are right.”*



*August 18th*

*“If God shall free you from your oppression the last place you will find him is where your oppressor tells you he will be. I would look where you were told not to go and that is within”*

*August 19th*

*“Fear not for the fear of the strong is the strength of the weak.”*



*August 20th*

*“If you pride yourself on being better than someone else you have actually revealed your inferiority.”*

*August 21st*

*“Be still in times of great turbulence for you have no control over what someone says to you.*

*However you have complete control over how you let it affect you.”*



*August 22nd*

*“The divine voice is within us all. The more soul full we are and the more quiet our thoughts the louder it will become.”*



*August 23rd*

*“Be careful where you distribute your energy for anything you give life to will fight for its own existence. Even the lie will fight for self preservation. Since it is our nature to stand behind what we create you may find yourself defending that which is to your own detriment.”*



*August 24th*

*“Man didn't know who God is until he forgot who man is.”*

*August 25th*

*“If money can buy you then you have no idea how much you are worth.”*



*August 26th*

*“Power is not the ability to hold other’s down. It is the ability to pull them up.”*

*August 27th*

*“Every lie is developed in a moment of fear and fear is the absence of power.”*



*August 28th*

*The devil always loses against God and that’s why he cheats. What he doesn’t understand is that cheating is why he loses.”*

*August 29th*

*“Voluntary ignorance is consensual powerlessness.”*

*August 30th*

*“If you knew your power you would be magnetized. You are divine electricity and if you have not prepared yourself the experience may come as a shock to you.”*

*August 31st*

*“To say you are does not make you so. Think you are and you are on your way. Know you are and you will be.”*

## CHAPTER 9

### LEADERSHIP



*“We have lost our inner guidance as well as our guide. Those who could not find it in their parents will soon see it in their children who were able to guide themselves by their own light .”*



*September 1st*

*“While we are preparing our children for the world that we are living in they are preparing us for the world that they are creating.”*

*September 2nd*

*“Most of us have unconsciously become the wardens of the prison of our children’s minds”*



*September 3rd*

*“Teach your children young their beauty can not come from the outside in. Beauty originates within and is projected outward. If you are truly beautiful inside out you will make those clothes, jewels and decoration look better than they could ever make you look.”*



*September 4th*

*"Our children enter this world as our students and before we leave they will be our teachers."*

*September 5th*

*"The child who develops without knowing their purpose is stillborn for they appear to be present but never truly arrive."*



*September 6th*

*"Trust is one of the foundational principles of all relationships in life. It is our very nature to trust. Children trust that what their parents say is true even when it is not. To betray your child's trust may cause a wound that may never heal."*



*September 7th*

*“Remember that your children are future adults when you speak to them. You must build up their self worth not tear them down when you correct their mistakes.”*



*September 8th*

*“He who doubts his own strength to overcome his weakness and temptation must see himself through the eyes of his child. In their eyes you can do no wrong and your confidence will encourage their own.”*





*September 9th*

*“If you are able to convince someone they can't do something as a child, they won't even attempt as an adult.”*

*September 10th*

*“A leader who creates permanent followers is not a leader at all. As everything living creates in its own image. A true leader assists others in developing into those who he himself would follow.”*



*September 11th*

*“A true leader takes credit for their accomplishments and accountability for their failures.”*

*September 12th*

*“Your ideas are the children of thought conceived at the moment of expression. Be careful planting thoughts in the world that you are not dedicated to.”*



*September 13th*

*“Look at the world through the eyes of the children. From our perspective the things that upset them seem so petty and unimportant at times. When you look through their eyes your complex problems seem to completely disappear. The next time your mountain of problems seems so high that it blocks your vision ask yourself who’s eyes are you looking through.”*



*September 14th*

*“To give your child’s mind to someone else everyday is voluntarily giving the power over their destiny to a stranger.”*

*September 15th*

*“When you fail to discover and nurture the natural gifts of your children you are doing a great disservice to the world and to yourself. Once you find it you must know it, grow it and show it.”*



*September 16th*

*“The most important job one can ever have is to teach their children. It also pays the best as there is nothing more rewarding than seeing them become great men and women and knowing they will be equipped to do the same for theirs.”*



*September 17th*

*“A father is the captain and the children are private soldiers. An army built on fear is no army at all. Teach your children loyalty and obedience based on respect and they will always stand by you.”*



*September 18th*

*“It’s not the amount of seeds you plant but the time and energy you spend making sure your seeds produce quality fruit.”*

*September 19th*

*“One can not lead by standing amongst the crowd.”*



*September 20th*

*“You must be the filter for the fountain of truth your children drink from.”*

*September 21st*

*“As a leader never try to overshadow the light of those you guide. They may pick up a signal you are not tuned into.”*



*September 22nd*

*“He who wishes to correct the past need only have children for the womb is a time machine.”*

*September 23rd*

*“The child is a window into tomorrow as the parent is a window into yesterday.”*



*September 24th*

*“We are more than meets the eye. We are the combination of the previous experience of the cells that form our unique genetic signature. We are yesterday, today and tomorrow. It is all within you.”*



*September 25th*

*“Since I am my father I inherit the positive and negative karma of his actions. Who else should pay for the crimes of those who leave this world before they are atoned for if not the children.”*



*September 26th*

*“Those born outside of the bars will call it a prison. Those who are born into a prison will call it home. Be careful where you birth your offspring into this world.”*

*September 27th*

*“Our bodies are but words that are spoken at birth sent through life to deliver the message that is our minds unto the ears of the world.”*



*September 28th*

*“Seeing growth in others is self-rewarding for when you grow we all grow.”*

*September 29th*

*“One of the hardest trials in life is allowing those you care about to solve their own problems and jump their own hurdles. If you pull someone out of hell they will probably end up back there until they learn to climb out.”*



*September 30th*

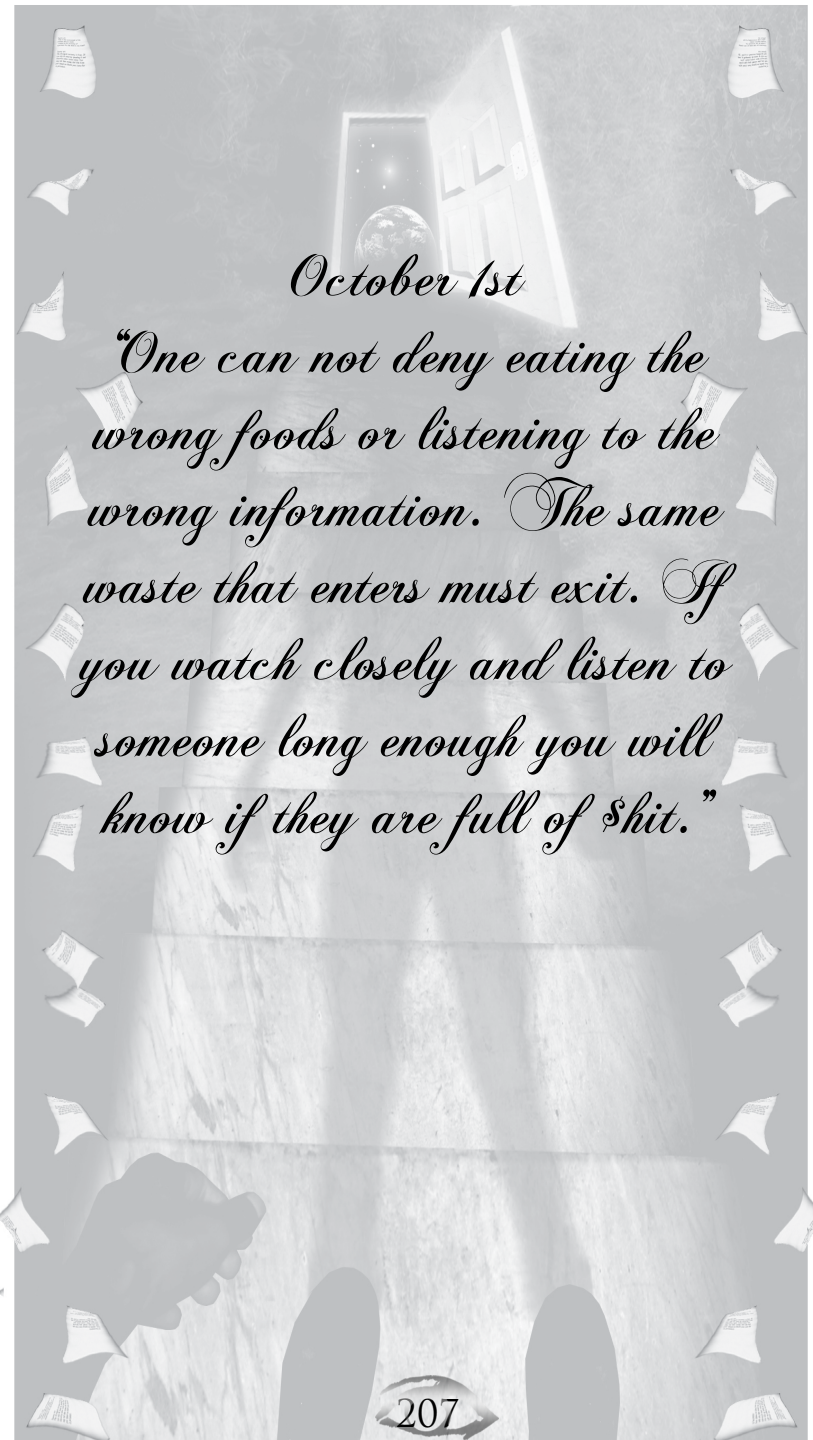
*“Be careful of the relationships you begin with people. Do not invest in something that you are not willing to help grow to its highest point.”*

## CHAPTER 10

### VITALITY



*“Only dead people eat dead food. Are you living?”*



*October 1st*

*“One can not deny eating the wrong foods or listening to the wrong information. The same waste that enters must exit. If you watch closely and listen to someone long enough you will know if they are full of shit.”*





*October 2nd*

*“One must be in a weakened state to allow wickedness to exist in the mind or sickness to exist in the body. It can not force its way inside and must be invited in by lowering your vibration. In fact in your natural state neither would even want to enter as the healthy environment would not be desirable.”*



*October 3rd*

*“To satisfy an artificial craving is not pleasure. If it only satisfies the physical and not the inner self it is not pleasure. Many have never experienced true pleasure.”*

*October 4th*

*“We lost our roots when we chose a power plant over the power of plants and passed every farm I see to go to a pharmacy.”*



October 5th

*“All that is dying is aging however all that is aging is not dying. Reduce stress, eat to live, stay amongst children, and keep learning.”*

October 6th

*“Mentally or physically feeding your child something that you wouldn't put in yourself is like sabotaging your own future.”*



October 7th

*“Master your appetite by controlling when and how much.*

*You condition your bodies desires by storing in its memory any behavior pattern as it seeks equilibrium with the created expectation. Do you Control your hunger or does it control you?”*

The background of the page features a silhouette of a person standing on a set of stairs that lead upwards. The scene is illuminated from above, creating a bright glow around the person. Numerous small, white, crumpled paper scraps are scattered throughout the background, appearing to fall or be blown around. The overall color palette is a mix of greys and whites.

*October 8th*

*“Putting dead food in your body and expecting it to sustain your life is like getting a jump start from a car with no battery.”*

*October 9th*

*“There is no such thing as a side effect. There are only the outside effects (symptoms) that are a reflection of the inside effects. Don't let them pill you to kill you.”*

The background of the page features a silhouette of a hand holding a globe of the Earth. The scene is illuminated from above, creating a bright glow around the hand and globe. Numerous small, white, crumpled paper scraps are scattered throughout the background, appearing to fall or be blown around. The overall color palette is a mix of greys and whites.

*October 10th*

*“You will never be able to control what comes out of your mouth if you are unable to control what goes in it.”*

*October 11th*

*“One must not understand the value of the human body if they fail to examine everything and make sure they are only filling it with the best quality ingredients.”*



October 12th

*“We will never heal until we realize that we have been taught that our real diseases are our cures and our true cures are our diseases. You cant fix something if you don't know that its broken.”*



October 13th

*“The earth is a body and we are its cells. The continents are organs. The body became sick and the original cells are under attack by the diseased cells as they spread through the organs disguised as original cells, until they too become diseased. When a body becomes sick it needs to sleep for rest to gain the strength to heal. Yet you wonder why the masses are sleeping.”*



October 14th

*“Speak on what you know.*

*Belief disguised as fact is a worm inside of the apple picked from the tree of knowledge.*

*For he who falsely believes he is healthy will surely deny himself the path to good health.”*



October 15th

*“One does not need to treat disease like warfare. We must only increase and sustain maximum health and as the bar is raised all that falls beneath it will cease to exist. The same thinking when applied to our global body will be as effective. No need to fight a flawed system when you can build one that works.”*



*October 16th*

*“Consider the immune system as your body guards and bouncers. Read the labels like you are checking ID and if it’s not on nature’s guest list then it shouldn’t enter your body.”*



*October 17th*

*“To physically remove ones temptation treats the symptom. To mentally remove ones temptation cures the disease. To not be tempted makes you immune.”*



October 18th

*“The cells in your body have an unbreakable agreement signed in your blood to form the sensual perception of what is known as you and it is a life-time contract.”*

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October 19th

*“Don't bite off more than you can chew, don't chew more than you can swallow and don't swallow what you cant digest. Know your equality and find balance.”*

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*October 20th*

*“False information is a parasite that lays unseen in the mind of the ignorant. It feeds off of the doubt and insecurity of its host until it becomes strong enough to hijack their mental plane. After invading the mental cockpit it becomes the pilot reducing the host to a passenger. Be careful when removing it as the host most often will fight for its pilot as not to crash the plane.”*



*October 21st*

*“Eat what your body needs not what your mouth wants.”*

*October 22nd*

*“A smart man knows how to solve problems. A wise man learns how to prevent them.”*





October 23rd

*“Your control over everything outside of you can never be greater than the control you have over yourself. For the end result will surely be self destruction.”*



October 24th

*“Your blood is the river of life. Eating the wrong foods will pollute it over time. The body like the earth is made to clean and purify itself. Food for thought.”*



*October 25th*

*“When your cells are not  
in tune you are not in tune.  
When you are not in tune the  
family is not in tune. When the  
family is not in tune the com-  
munity is not in tune. When  
the community is out of tune  
the world is out of tune. When  
the world is out of tune the  
universe is out of tune. Music  
is mathematics.”*



*October 26th*

*“Just because you eat it does  
not make it food. Just because  
you are still walking around  
does not mean that you are not  
already dead. Food is infor-  
mation and too much false in-  
formation will kill you.”*



*October 27th*

*“What was once considered healthy is now considered impossible. What was once considered ill is now considered healthy.”*



*October 28th*

*“The woman is the gateway to health or the doorway to disease. Once the soil is contaminated you have compromised the purity of all that is planted inside of it. Keep your soil rich and our nation will be healthy and strong.”*



October 29th

*“A society is only as healthy as the minds of its people and any society that encourages the self destruction of its people is doomed for failure.”*



October 30th

*“Once the majority becomes sick their ill condition becomes the new standard of health. Once the majority becomes ignorant their ignorance becomes the new standard of intelligence.”*

*October 31st*

*"Says the discomfort of our symptoms is not evidence of our weakness but confirmation of our ability to heal ourselves."*

## CHAPTER 11

### REFLECTION



*"Man is the universe outside in  
and the universe is man inside  
out."*



*November 1st*

*“The people who follow the directions of the voice inside of them instead of the voices of agreement outside of them are labeled as insane. In fact many of them tend to be the most sane of us all.”*



*November 2nd*

*“Some say out of sight out of mind. This allows you to avoid what is outside of you. Out of mind out of sight allows you to control what is inside of you. If something is out of sight that has not been removed from your insight first then you will project it and attract it.”*



*November 3rd*

*“That which is too easy to gain loses interest. Yet you will never gain anything if you are not interested. So who’s pockets have gained from the interest of your transactions (trance actions.)”*



*November 4th*

*“Desire nothing and will everything. De means to take away. Sire means master. When you take away the master which is the mind or higher self you are left with the uncontrolled wants of the body. To operate on the desire of the body alone is like your car taking you where it wants to go.”*



*November 5th*

*“You can only understand things to the degree you can relate them to yourself. Trust that there is nothing that is not reflective of all that you are. If you do not see yourself in some way you are looking at a part of yourself you have not recognized yet.”*



*November 6th*

*“A true doctor gets paid by your good bill of health. A true teacher gets paid by what you learn. A true artist gets paid by your enjoyment and appreciation of their art.”*





*November 7th*

*“We project our self image outward and determine our appearance. When you allow others to control how you see yourself then you become who they see instead of them seeing who you become.”*



*November 8th*

*“Stop trying to get out of hell and get inside of heaven. Turn yourself outside in and you will see the door.”*

*November 9th*

*“He who can not see beyond the choices they are given have no choice at all.”*



*November 10th*

*“In losing strong positive examples of men and women in many of our lives we have lowered our expectations for our mates and for ourselves. As long as you think all men or women are worthless you will never see your own worth.”*



*November 11th*

*“The answers want to be found. They are often seeking you. Know the question and in stillness your answer will make itself known.”*

*November 12th*

*“Beware of those who approach you with open arms and a closed mind.”*



*November 13th*

*“You will never truly understand anything outside of you until you understand what is within you.”*



*November 14th*

*“If you are looking for information to validate your perspective you will always find it. To seek the truth one must be open to all information that disputes their perspective. If you still see clearly from that angle then you are looking through the eyes of reality.”*



*November 15th*

*“If you do not know who you are then someone will gladly tell you who they want you to be.”*

*November 16th*

*“Be careful when embodying ideology in the flesh of an individual. Those who fail to separate the man from the idea will lose the idea when the man dies in the body and lose the man when the idea dies in their mind.”*



*November 17th*

*“Only a man who is insane expects his enemies love and care and does not love and care for himself.”*



*November 18th*

*“The problem convinced the answer that there is no problem and therefore the answer does not know that it is the answer.*

*When the answer discovered the problem, the problem disguised itself as the answer and now the answer has become the problem.*

*Yet you wonder why your prayers go unanswered.”*



*November 19th*

*“Only an unconscious person is willing to pay for what already belongs to them.”*

*November 20th*

*“He who requires recognition denies himself the meaning of his own achievements.”*



*November 21st*

*“In frustration of your current limitations be careful not to place them upon others.”*

*November 22nd*

*“If you have stopped the process of learning you are already dead and you just don't know it yet.”*



*November 23rd*

*“It is far easier to complain about how things are than to reshape them into how it should be. Although dissatisfaction is the soil in which the seed of change is planted, alone it produces nothing.”*



*November 24th*

*“The worst fear anyone can have is fear of reaching their own potential.”*

*November 25th*

*“It is better to be still when seeking your desires. Chase them and they will run. Look for them and they will not be found. He who always wants shall never have.”*



*November 26th*

*“A strong person strives to be right. Someone who acknowledges mistakes and corrects them is not only stronger but admirable as well.”*

*November 27th*

*“Until one removes hell from inside of them they will always remain inside of hell.”*



*November 28th*

*“Those who fear are more comfortable in a group, you will see where you truly stand when you are on your own.”*



*November 29th*

*“Elevate your thoughts. If your life revolves around money, materialism, and the pursuit of temporary happiness then you have devalued yourself.*

*You are only worth what you add to the universe. If you are only about taking you are a weed that should be removed from the garden of paradise.”*



*November 30th*

*“Do not be quick to judge  
someone solely on their behav-  
ior as it is subject to change.*

*When you have an absolute  
assessment of someone you blind  
yourself to what they truly are  
which is another face of you.”*

## CHAPTER 12

## EVOLUTION



*“The greatest battle one will  
ever face is against their former  
self as the new you begins to  
break free from old ideas and  
behaviors.”*



*December 1st*

*“Learn to spread your wings  
and fly but do not become too  
fly to still remain rooted and  
down to earth to walk amongst  
those without wings.”*



*December 2nd*

*“Names, religion, age, cre-  
dentials and appearances are  
all common scapegoats that are  
often the external reflection of  
our own unwillingness to grow  
at any given moment. None  
can contain what you truly  
are forever.”*



*December 3rd*

*“Beware of those who do not want to see our individual growth and ultimately our collective development. They are our family, friends, educators, leaders and unfortunately ourselves. Our daily activities and conditioned behaviors are the contributing factors to our state of arrested development.”*



*December 4th*

*“Close the book and read my mind and find yourself between my lines.”*

*December 5th*

*“The strongest man that will ever exist cannot escape the boundaries of his own time.”*



*December 6th*

*“It is the resistance of opposition that builds our strength thus every confrontation is the opportunity of growth concealed by the possibility of defeat.”*



*December 7th*

*“When everyone changes at once nobody realizes it as the result of that change becomes the new constant.”*

*December 8th*

*“When you truly care about someone you must become comfortable with them being uncomfortable to allow their growth. Even if it means they will outgrow your current relationship with them.”*



*December 9th*

*“Be not frustrated by the delayed effect of your previous choices. Just because you have learned your lesson doesn't mean you don't have to sit through the rest of the class.”*

*December 10th*

*“He who is always comfortable is never growing.”*



*December 11th*

*“Judge the significance of others not by what they possess or how they appear but by their ability to impact and influence.”*



December 12th

*"We often start our day by looking at the weather outside. It is important that we look at the internal weather to determine whether our day will be bright or gloomy. Check the forecast and see if there is a brainstorm forming as you read this."*



December 13th

*"Study hard for if you do not learn all that you can then you will always be at the mercy of someone who does."*

December 14th

*"Never keep more than what you share with your family. You give to yourself and you gain nothing. You give to the family and you gain everything."*



*December 15th*

*“To fear error is to fear progress.”*

*December 16th*

*“Our circumstances in life are hand crafted by the great architect of the universe to custom fit our individual and collective purpose. If I had your problems I would have never learned from mine.”*



*December 17th*

*“There are two important factors that contribute to ones growth. Motivation and environment. If you are motivated and have not seen progress you may be in the wrong place, at the wrong time or around the wrong people. Take time in shaping the right environment that will nurture your new state of mind and you will be what you want to see.”*



*December 18th*

*“An epiphany of who you are is like giving birth to yourself through the womb of ignorance.”*

*December 19th*

*“When you begin to shine your light you will be amazed at what it attracts and the brighter it becomes the more you will see the beauty in what is around you that wasn't visible before.”*



*December 20th*

*“A culture is something you live. Religion is something you practice. As we all know, if you're still practicing then you don't quite know what you're doing yet.”*

*December 21st*

*“To deny ones past mistakes is to deny ones growth as error is the measuring stick of progress.”*





December 22nd

*“Understanding is gained through applying your knowledge to your experience or the experience of others through trial and error. To learn from ones own mistakes is solution. To learn from another’s is prevention.”*



December 23rd

*“Never be frustrated when people don’t recognize your growth. Often they will deal with you based on your former self. It takes time for light to travel from its source so even though you may be shining they may not see the light yet.”*



*December 24th*

*“A wise man never claims to know what he does not. It is better to ask what you do not know than to appear knowledgeable and forever remain in error.”*

*December 25th*

*“When more weight falls on your shoulders it means that you have become stronger and you are now capable of lifting it.”*



*December 26th*

*“I am in competition with my past self to move wiser, learn faster, teach better, listen closer, love stronger, and fly higher. I have faced this competitor many times and remain eternally undefeated.”*



*December 27th*

*“When someone’s presence in your life prevents you from growing, this is a sign that it is time to let them go.”*

*December 28th*

*“The ending is also the beginning. Let go of all that has completed its purpose in your life. If you fail to do so you are blocking new opportunities that are waiting for you.”*



*December 29th*

*“Take nothing personal. Not your flesh nor your belongings or the people in your life. Allow everything to flow through you. That which is personal causes attachment and bondage. Bondage is fear of change and change is inevitable.”*

*December 30th*

*“Listen close and you will  
learn more from reading people  
than reading books.”*

*December 31st*

*“Do not fear letting go of the  
concept you have of yourself.  
You do more damage by re-  
maining the same than you do  
by evolving even through the  
failure of experimentation.”*

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